

TRAININGSPLAN

SPERBER

LEPP

	9:00-10:00	10:00-11:00	11:00-12:00	12:00-13:00	13:00-14:00	14:00-15:00	15:00-16:00	16:00-17:00	17:00-18:00	18:00-19:00	19:00-20:00	20:00-21:00
Montag												
Kay									M. Bibra-Hertel, J. Woellner, S. Dahlheimer, S. Gerlach-Do.,	A. v. Wedel, L. Armbrust, J. Harms	FOERDERTRAINING F. Seekamp, Rudolph, Rodin	FOERDERTRAINING Mende, Dahlhaus, T. Lindeman, F. Lindemann
Christian							J. Mehnert, M. v. Sternberg, M. Repening, J. Dagefoer		Marlin Jarausch, Robin Helfrich, Lara Hasenbein, Anna Lena Hagenlocher			
Dienstag												
Kay								Lisa Schaffer, M+M Klingelhofer, J. Bruecher		M. Wehr, A. Hinz, P. Steimann, T. Teichner	FOERDERTRAINING Greggersen, Lauscher, Linder	
Christian							N. Goerling, L. Schimanski, N. Heth, J. Tolkmitt, P. Pabst			Karl Grilz, Enzo Cording, F. Eschenbach, B. Wessel, Henry Cording		
Mittwoch												
Kay								Barmeier, Benj, Liss, J. Liss	S. Kaplik, S. Gerlach-Do., Lilli Danz, T. Bents, M. Wanzek			
Christian							Linus+Elisa Barthe, Hemrik Halfmann	Dahlhaus, Klitsch, Niklas S.B.	Leo Hahn, Tom Hahn, Mats Lindemann, Scott Stundl	Bergmann, Duerow, Fischer-Appelt		
Donnerstag												
Kay												
Christian									Leona Mende, A. Schimanski, Floder			
Freitag												
Kay								Emil Naske, N. de Jager, L. Moehle, B., Jurit Gritz	Max Mueller, V. v. Barby, Can Weidle, B. Burkhardt	Leon Schaffes, F. Bibra-Hertel, F. Woellner, V. Razka	PRIVAT	
Christian							W. Maguin, Smila Hasenbein, S. Witte, Ap. Stamatis, Al. Stamatis,		Bruno Puri, Lupo Stundl, Luis Poscharski, O Doepfner			
Samstag												
Kay					FOERDERTRAINING Naske, Mehnle, deJager	Finn Seekamp, Sven Rudolph, Lukas Thomas, Julian Rodin	J. Lauschner, L. Linder, T. Oltmanns, Linus Mende	Leonard Feil, Tili Lindemann, Finn Lindemann, V. Greggersen				
Christian									FOERDERTRAINING J. Liss, B. Liss, Barmeyer			